

At the Spa we excel at what is expected and always add a standout twist, taking a 360-degree approach to health. Our treatments offer a creative and playful experience to leave a lasting impression.

At our core we are socially conscious and thought provoking, with all our products being vegan and organic certified.

Authentic, but not over complicated so we can ensure our guests are at the centre of every touch and every moment.

ART'OTEL TREATMENT COLLECTION

Celebrating the things that really matter, the things that mean everything.

TIME

Personalised massage time for you. Tailored to your individual needs and performed using bioactive organic sourced massage oils rich in antioxidants, omega fatty acids and vitamins.

£75 30 Minutes £140 60 Minutes

HEALTH

Combining performance and wellbeing. An assisted stretch and alignment massage to increase manoeuvrability and release stress and tension. Inspired from Proverb's heritage in professional sport with yoga, physio and massage this is an invigorating Body Workout massage. Perfect pre and post long haul flights, long days on your feet and heavy training sessions.

£195 60 Minutes

LOVE

Facial. Using elite nutritional ingredients certified clean, active, organic and natural our 360° approach restores and recharges you and your skin. You will be deep cleansed, exfoliated and massaged while essential omega fatty acids, antioxidants and powerful amino acids restore and fortify.

£85 30 Minutes £150 60 Minutes Add on steam and extraction £20

FAMILY

Pregnancy massage. A relaxing and rejuvenating full body massage treatment with a focus on healing and body restoration. Let us nurture your body and bump using our Organic certified bioactive oils and balms to keep the skin supple and help prevent stretch marks with our antioxidants and essential fatty acids boost.

£140 60 Minutes

NATURE

Body scrub. Refresh the entire body, flush lactic acid, remove congestion & help tension and skin condition. Choose from the exfoliation grains that nature provides us, organic sugar, natural salts or crushed rosehip kernels. A full body scrub followed by a deeply hydrating 'waterless' body balm.

£120 60 Minutes

CONNECTIVITY

A de-stress for the hands, arms and nails with an anti-age focus and full manicure. Starting with a hot mitt cleanse and mist, file, hydrating deep cleanse mask, and detailed cuticle work, followed by hand anti-ageing exfoliation. Includes an anti-age serum boost massage to recharge the arms and hands. Choice of gel polish to finish.

£125 60 Minutes

SOUL

Eco luxe pedicure and lower leg revival. After exploring the capital take some time to recharge the lower legs. A hot mitt welcome and mist, fresh mint leaf soak, exfoliation from the toes to the knees, hard skin removal, detailed cuticle work, file, and Pinks Boutique's signature massage trail including the neck and shoulders. Choice of gel polish to finish.

£125 60 Minutes

EXPERIENCE

Our signature art'otel experience. Once your body system is selected, your infused tea, foot ritual, full body exfoliation and power massage will be delivered in this. We will ignite your senses with our balance of expected and surprising. Designed to empower you to look, feel and think better.

£220 120 Minutes

ART'OTEL MINIS

Quick standalone treatments or add on to any collection and colour treatment.

HAND, SALT TREATMENT

A treatment which includes a salt scrub exfoliation for hands and forearms using Proverb focus salt scrub. Followed by a short hand massage with hydrating treatment.

£30 20 Minutes

FOOT, SALT TREATMENT

A treatment which includes a salt scrub exfoliation for feet and calves using Proverb focus salt scrub. Followed by a short foot massage with hydrating treatment.

£30 20 Minutes

FOOT SOAK

Relaxing stress relieving foot soak, followed by focus salt scrub and hard skin removal. Massage with Proverb cooling gel to relieve inflammation.

£35 20 Minutes

CUTICLE TREATMENT

Including cuticle softener, cuticle trim, nail trim and buffer.

£30 20 Minutes

MOISTURISING TREATMENT

Hand mask for deep moisturising of the hands.

£15 20 Minutes

BUSINESS TREATMENT

For those that may spend most of their time typing enjoy the benefits of a carpal tunnel hand massage.

£20 10 Minutes

HEAD AND SHOULDERS

Head and shoulders massage.

£25 10 Minutes



ART'OTEL COLOUR

Make a statement with bold colours on your hand and toes with our wide variety of gel polishes.

GEL POLISH - HANDS

£45 30 Minutes

GEL POLISH - FEFT

£45 30 Minutes

GFL POLISH - HAND & FEET

£90 90 Minutes

NAILS STRENGTHENING AND RESHAPE

£30 20 Minutes

GEL REMOVAL

£15 25 Minutes

ART'OTEL BEAUTY

BROWS

EYEBROW SHAPE

£25 25 Minutes

EYEBROW TINT

£25 25 Minutes

EYELASH TINT

£25 25 Minutes

EYELASH AND EYEBROW TINT

£40 40 Minutes

*requires patch test 48hrs before treatment

WAXING

FULL LEG WAX

£60 45 Minutes

HALF LEG WAX

£40 30 Minutes

UNDER ARM WAX

£30 20 Minutes

FIIII ARM WAX

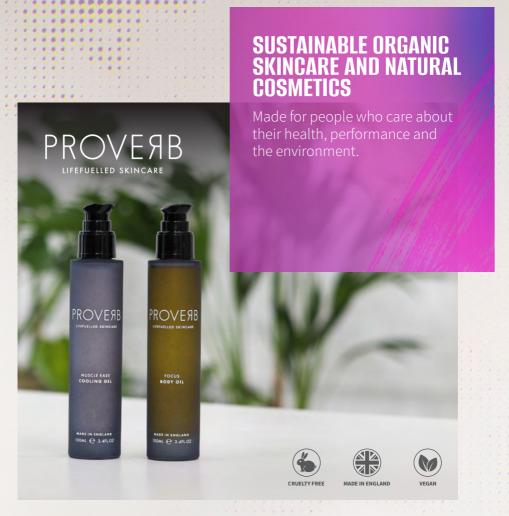
£40 30 Minutes

LIP WAX

£25 20 Minutes



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ART'OTEL + PROVERB

Our spa partner Proverb is made for people who take their health, performance, and the environment seriously. They take the understanding and efficacy of elite sports nutrition and apply it to your skin for lab proven results from active, natural and organic ingredients.

The Proverb 360° approach to wellness integrates gym, sport, diet, your skincare and results driven treatments. Engineered to improve longevity, movement, recovery and your performance in life's journey.

Terms and conditions There is a cancellation policy of 24 hours. Cancellations less than 24 hours will be charged the full treatment. Please arrive 15 minutes before treatment. Treatments will not be performed on pregnant women over 12 weeks pregnant.